
Impact of the Meningococcal A Conjugate Vaccine Introduction in the African Meningitis Belt, 2010-2017

Andre Arsene Bita Fouda

College of Health Sciences, Walden University, Minneapolis, USA

Email address:

bitaandre@yahoo.fr

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Abstract: Meningococcal meningitis remains a burden in the African meningitis belt. Before 2010, *Neisseria meningitidis* serogroup A (*N. meningitidis* A) was the predominant pathogen causing deathly epidemics. The meningococcal A conjugate vaccine (MACV, MenAfriVac[®]) protects against *N. meningitidis* A. It was introduced in 2010 into highest meningitis risk health districts. There was limited data on the effects of MACV, mainly on the degree of relationship between *N. meningitidis* A and the MACV immunization coverage. The purpose of this quantitative study was to assess the effectiveness of MACV from 2010 to 2017 in 21 out of 26 countries of the African meningitis belt. An interrupted time series design and nonprobability sampling were used. Secondary data issued from meningitis enhanced surveillance were retrieved from World Health Organization database. The social ecological model was used as a theoretical framework for this study. The binomial negative regression and Pearson's Chi-Square tests were used. The study found that after the MACV introduction there were a high degree of relationship between *N. meningitidis* A and MACV immunization coverage ($\chi^2(1) = 11039.49$, $p = 0.000$, $\Phi = 0.657$, $P=0.000$), 99% decline of the risk of *N. meningitidis* A (RR 0.01, 95% CI 0.08-0.013), and 99.6% decline of risk of epidemic due to *N. meningitidis* A (RR 0.004, 95% CI 0.001-0.016). The study demonstrated that high MACV coverage and high-quality meningitis surveillance were pivotal to reduce the burden of meningococcal meningitis A epidemic in African meningitis belt. Based on the results of this study, it is recommended to development and manufacture an affordable multivalent polysaccharide conjugate vaccine against *N. meningitidis* (A, C, W135, X, Y) and introduce in meningitis belt countries to eliminate meningococcal meningitis in Africa, to update the risk assessment of the meningitis status of Africa meningitis belt after the introduction of MenAfriVac[®], to continue to improve meningitis enhanced surveillance, and improving public health policies on immunization and meningitis enhanced surveillance to ensure sustainable high immunization coverage of meningococcal vaccines and high quality of meningitis epidemic detection.

Keywords: Meningococcal Meningitis A, Epidemic, Meningococcal a Conjugate Vaccine, African Meningitis Belt, *Neisseria Meningitidis A*

1. Introduction

Meningococcal meningitis is a major public health problem in the 26 countries of the African meningitis belt stretching from Senegal in the west to Ethiopia in the east, where an estimated 430 million people are living [1-5]. Meningococcal meningitis cases occur throughout the world. The findings showed that meningococcal meningitis has the greatest incidence with large epidemics in Africa in the dry season [6-8]. During epidemics, the incidence can approach 1,000 per 100,000, or 1% of the population. Repeated pandemics of *Neisseria meningitidis* A (*N. meningitidis* A)

disease have taken place in Sahelian and sub-Saharan countries of Africa, known as the African meningitis belt, every 5–10 years since 1905 [9, 10, 12]. Before the introduction of Meningococcal A Conjugate Vaccine (MACV) in 2010, *N. meningitidis* A accounted for an estimated 90 percent of all cases in the African meningitis belt, with epidemics occurring at intervals of 7–14 years [2, 11-15].

The meningococcal meningitis is a bacterial form of meningitis, a serious infection of the meninges, thin fibrous tissue that covers the brain and spinal cord. Of the 12 serogroups of *N. meningitidis* identified, four serogroups, A,

B, C, and W135, are recognized to be the main causes of epidemics. *N. meningitidis* is transmitted from person-to-person through droplets of respiratory or throat secretions from carriers. Ten percent to 25% of the population carries *N. meningitidis* in their throat at any given time. It can cause severe brain damage and is fatal in 50% of cases if left untreated [1, 2, 10].

The largest meningococcal meningitis epidemic was reported in 1996 and 1997, where more than 25,000 people died and more than 250,000 were affected. Following this devastating epidemic, African leaders called for the development of an affordable vaccine that would eliminate *N. meningitidis* A epidemics in Africa. Then, this affordable vaccine so-called MACV or MenAfriVac® was developed by Serum Institute of India and prequalified in 2009 by WHO. MACV is being introduced in the African meningitis belt countries since 2010 to eliminate meningococcal meningitis caused by *N. meningitidis* A. MACV was introduced firstly in Burkina Faso [3, 11-14, 16-22]. Only the health districts that are at highest risk were selected to introduce MenAfriVac®. The selection was made through the risk assessment using the district prioritization tool developed by WHO [15, 23].

Between 2010 and 2017, 21 countries have introduced MACV with more than 280 million people vaccinated aged 1 to 29 years through vaccination mass campaigns [1].

The reduction of the incidence and occurrence of meningitis epidemics caused by *N. meningitidis* A in the meningitis belt were demonstrated by some authors [24-44]. Findings also showed the significant reduction of NmA carriage and then the herd immunity provided by MACV [3, 26, 43, 44]. Especially, Novak et al. showed 71% decline in risk of meningitis (suspected cases) and >99% decline in risk of *N. meningitidis* A (confirmed cases) in Burkina Faso 1 year after the introduction of MACV [25]. Daugla et al. (2013) found a 94% reduction in the incidence of meningitis in a vaccinated population and 98% decrease in *N. meningitidis* A carriage prevalence within 4–6 months after MACV mass vaccination campaign [26]. A study conducted by Trotter et al. found in nine countries (Benin, Burkina Faso, Chad, Côte d'Ivoire, Ghana, Mali, Niger, Nigeria, Togo) a 58% decline in incidence of meningitis (suspected cases), > 99% decline in incidence of *N. meningitidis* A (confirmed cases), and 60% decline in epidemics risk of a district reaching the epidemic threshold [27]. Kristiansen et al. found the effectiveness of MACV on the carriage of *N. meningitidis* A among persons vaccinated in Burkina Faso 2 years after a MACV mass vaccination campaign [28].

This study considered 21 out of 26 of meningitis belt countries. Meningitis surveillance has been enhanced since 2002 in the African meningitis belt countries. In preparation for the introduction of MACV an enhanced meningitis surveillance network was established by WHO since 2002. Meningitis enhanced surveillance aims to assess the effects of the introduction of new vaccines, to detect and confirm epidemics and launch appropriate response strategies, to assess case burden and incidence trends, to monitor the

antibiotic resistance profile of *N. meningitidis*, including *N. meningitidis* A or other pathogens, and to monitor the circulation, distribution, and evolution of *N. meningitidis* serogroups and other pathogens. It helps not only to detect epidemics earlier but also to control the elimination of disease [45-49].

The purpose of this study was to assess the effectiveness of the introduction of MACV in the 21 out of 26 countries of the African meningitis belt. Studying effects including protection more years and more countries after 2010 than the previous study was relevant and therefore contributed to reduce the gap in the literature on the effects of MACV. The potential positive social change is the reinforcement of public health policies, especially on surveillance and immunization, to achieve the elimination of vaccine-preventable diseases. The high level of MACV coverage and the high quality of meningitis enhanced surveillance might be two relevant factors in achieving the elimination of *N. meningitidis* A. In addressing and emphasizing these factors; sought in this study to create a positive social change with the strengthening of immunization and surveillance policies.

2. Methods

2.1. Study and Research Design

The study was quasi-experimental, retrospective, and quantitative. The research design was an interrupted time series.

2.2. Population

The population of this study was characterized by people living in 1,713 out of 3,817 health districts at highest risk for meningitis in 21 countries of the African meningitis belt. Health districts at highest risk for meningitis were selected to introduce MenAfriVac®. The selection was made through risk assessment using the district prioritization tool developed by WHO [15, 23]. The 21 countries that were participants of this study were Mali, Burkina Faso, Cameroon, Central Africa Republic, Chad, Benin, Cote d'Ivoire, Togo, Mauritania, Niger, Nigeria, Ghana, Gambia, Guinea, Guinea Bissau, Ethiopia, Sudan, South Sudan, Senegal, and Uganda. The total estimated population was 407,958,506 persons. People who were vaccinated with MenAfriVac® were aged 1-29 years old because they were the highest risk of meningitis infection caused by *N. meningitidis* A. The age group 1-29 years old represented almost 70% of the total population. The estimated target population for MenAfriVac® vaccination was 285,570,957 people. Figure 1 and Table 1 show that between 2010 and 2017, 286,995,073 were immunized with MenAfriVac®, thus there was 100% administrative coverage for the 21 countries of the study, the lowest coverage was reported in Central Africa Republic (88%). Djingarey et al. found that random survey coverage rates ranged between 69% to 96% [50]. The target population of this study was large and representative. Therefore, the findings can be generalized.

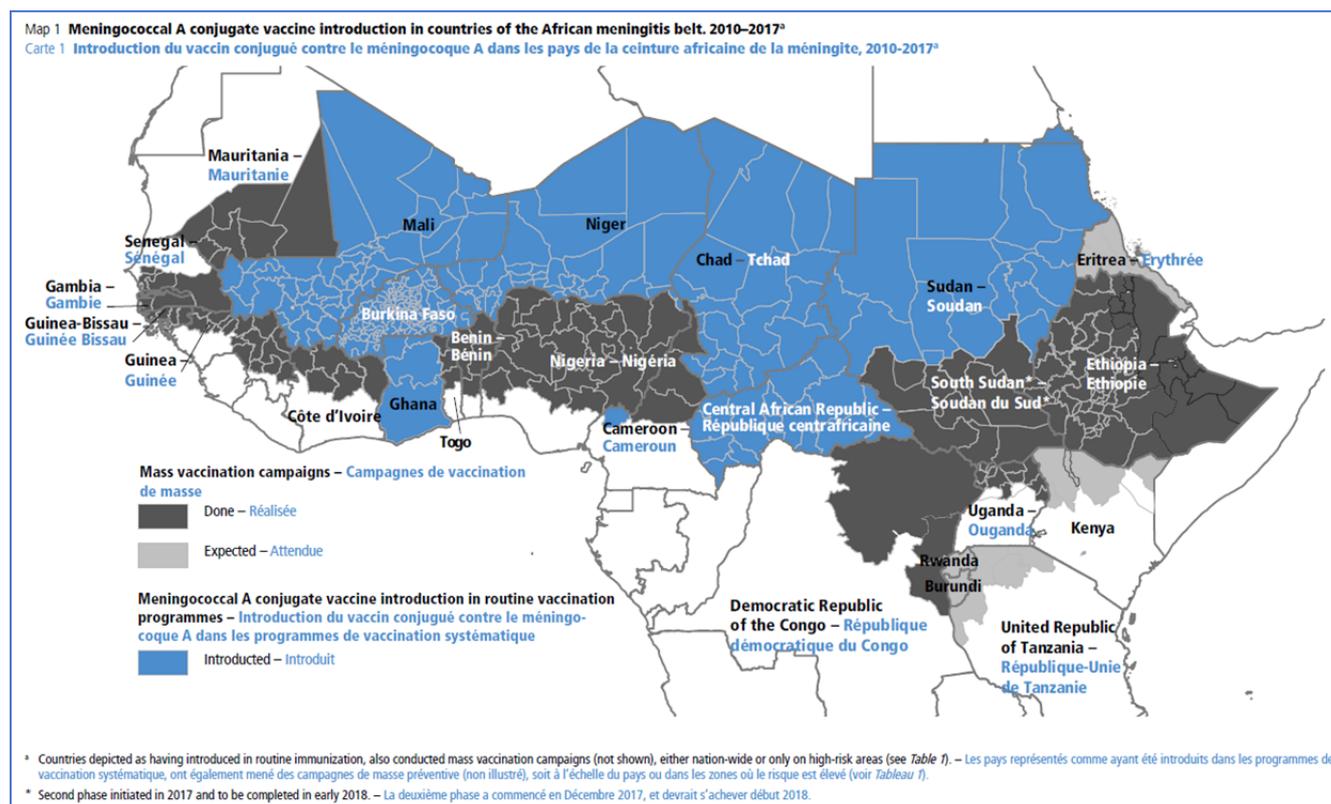


Figure 1. African Meningitis Belt and MenAfriVac® Roll-out 2010-17. (Source WHO).

Table 1. People Vaccinated With MACV 2010-17.

Countries	Total population 2017 at meningitis risk	Health districts at high risk covered by MenAfriVac vaccination campaign	Years of introduction	The target population for MenAfriVac vaccination campaigns	Persons vaccinated	Administrative coverage
Benin	3708077	33	2013	2595654	2718459	105%
Burkina Faso	21557784	63	2010, 2016	15090449	15295276	101.35%
Cameroon	8751220	70	2011-12	6125854	6510729	112.80%
Central African Republic	5226069	30	2017	3658248	3220358	88.24%
Chad	13177019	99	2011-12	9223913	8732151	95
Cote d'Ivoire	3244287	42	2014	2271001	2764839	100.40%
Democratic Republic of Congo	26008263	149	2016	18205784	18058535	99.20%
Ethiopia	88330603	102	2013-15	61831422	60996186	98.64%
Gambia	1682750	7	2013	1177925	1228419	104%
Ghana	5395356	49	2012, 2016	3776749	3705081	98.10%
Guinea	3657747	15	2015	2560423	2442566	95.40%
Guinea Bissau	1821931	11	2016	1275352	1150136	90.10%
Mali	20260730	60	2010, 2011 2016	14182511	14593475	102.89%
Mauritania	2300747	33	2014	1610523	1561720	97%
Niger	15529739	42	2010	10870817	10575365	95.70%
Nigeria	118680713	571	2011-14	83076499	87062324	104.79%
Senegal	6261793	35	2012	4383255	4216691	96.20%
South Sudan	6246709	47	2016	4372696	4023659	92%
Sudan	42176594	188	2012-13	29523616	28232735	95.62%
Togo	3934556	28	2014	2754189	2764839	102.20%
Uganda	10005820	39	2017	7004074	7141530	102%
Total	407958506	1713	2010-17	285570954	286995073	100.49%

Note. Source WHO.

2.3. Data Collection and Instrumentation

The secondary data of this study were retrieved between

February 10 and February 28, 2018, from WHO ISTWA databases and WHO websites and there were accurate. These data concerned meningitis surveillance between 2004 and

2017 and MACV introduction from 2010 to 2017. The secondary data from meningitis surveillance concerned especially meningitis suspected cases that fit the case definition, CFR, CSF samples tested in laboratories, and the meningitis epidemics due to *N. meningitidis* A reported by health districts using meningitis epidemic threshold. Concerning the MACV introduction, information gathered mainly concerned vaccination coverage, the quality of implementation and evaluation of mass vaccination campaigns, and routine immunization programmes. The data retrieved were aggregated and sent by countries on a regular basis. Data were sent on a weekly basis concerning meningitis surveillance, and monthly regarding MACV immunization activities. The data collected were prior treated, consolidated, harmonized, and validated at the country level before sending to WHO ISTWA. The dataset was created for this study so-called MenA_dataset. They were no discrepancies in data collection. Almost 2.5% of data were missing because few countries didn't share the data with WHO ISTWA. The dependent variables selected were the occurrence of *N. meningitidis* A, laboratory-confirmed or not, meningitis suspected cases, CFR, deaths, and occurrence of meningitis epidemics due to *N. meningitidis* A as reported by health districts. The independent variable was MACV vaccination status of people living in health districts (vaccinated after the introduction of MACV; vaccinated with any other polysaccharide vaccine that includes antigen A; unvaccinated before the introduction of MACV). The distribution was a Poisson distribution, where the mean and variance differ from one another. In this study, observations were independent variables. The statistical assumptions for Pearson's Chi-Square were met because the observations for the two-way contingency table analysis were independent of each other, and all the expected occurrences of the crosstab were greater than five. The measuring instrument used in this study was meningitis enhanced surveillance. Enhanced surveillance can be used to evaluate the effects of the introduction of a new vaccine such as MACV.

2.4. Data Analysis and Statistical Tests

The inferential statistics were used to respond to the research questions. The first research question contributed to establish the degree of relationship between *N. meningitidis* A confirmed and the MenAfriVac® immunization coverage. The Pearson's chi-square was used to determine the degree of the relationship between *N. meningitidis* A confirmed and the MenAfriVac® immunization coverage within 21 out of the 26 countries of African meningitis belt between 2010 and 2017. The second research question contributed to establish the difference of meningitis epidemics caused by *N. meningitidis* A before and after the introduction of MenAfriVac®. The Pearson's chi-square was used to estimate the relative risk of districts to be in epidemic after the introduction of MenAfriVac®. Descriptive and inferential statistics were conducted in this study using SPSS 21 version and Microsoft Excel 2013. Before conducting inferential statistics, cleaning data was done for all research questions. A codebook created contain variable names, variable labels, value labels, and a list of any changes.

To test the two hypotheses, descriptive and inferential statistics were chosen. The relative risk was calculated using Pearson's chi-square to determine the degree of relationship between the incidence of *N. meningitidis* A confirmed and the MenAfriVac® immunization coverage, and the occurrence of health districts that reported epidemic due to *N. meningitidis* A before and after the introduction of MenAfriVac®.

3. Results

3.1. Incidence of *N. Meningitidis* A

The figure 2 shows that between 2004 and 2017 the incidence *N. meningitidis* A confirmed cases reported declined significantly after 2010 with the introduction of MACV. The highest incidence of *N. meningitidis* A was 2066 reported in 2009. Whereas, the lowest incidence was 2 reported in 2017.

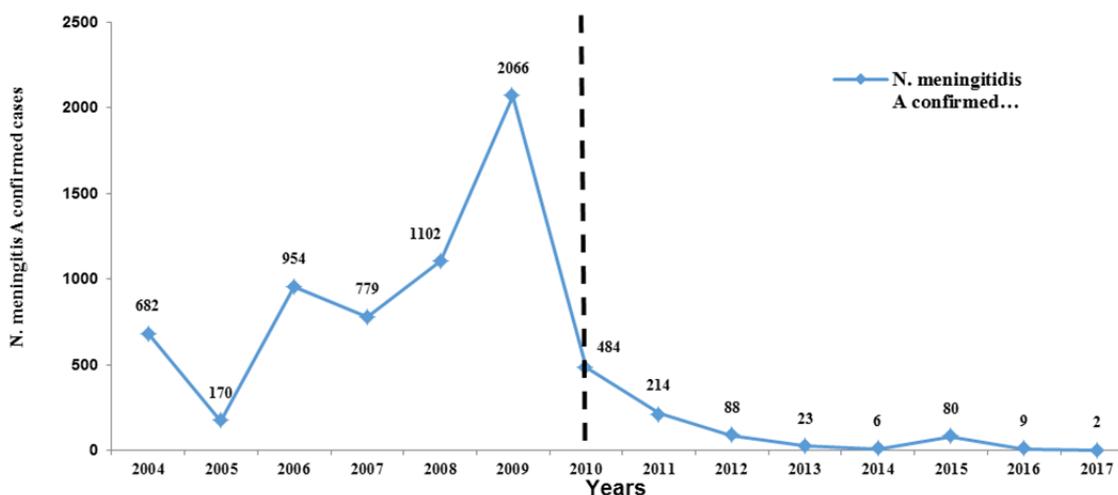


Figure 2. *N. meningitidis* A confirmed 2004-2017.

The figure 3 shows the decline of *N. meningitidis* A since 2010 and the predominance of other pathogens as *S. Pneumoniae*, *N. meningitidis* W135, and *N. meningitidis* C.

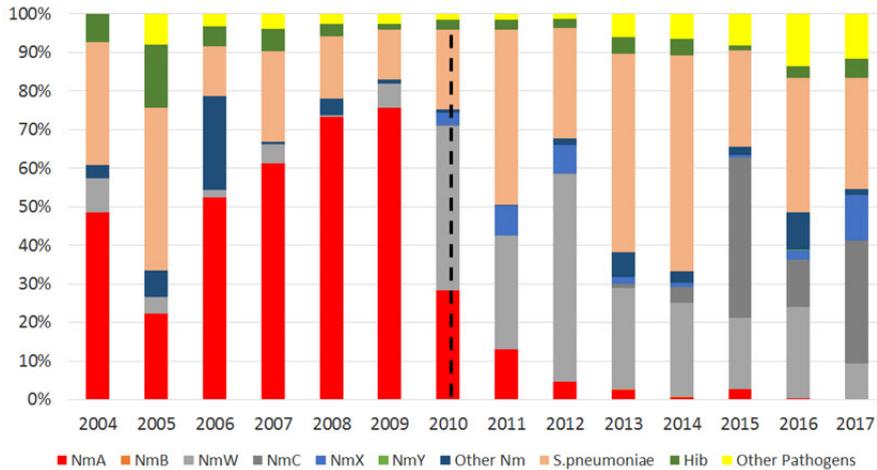


Figure 3. Meningitis pathogens laboratory confirmed 2004-2017.

3.2. Relationship Between the Incidence of Neisseria Meningitidis Serogroup A and the MenAfriVac® Immunization in 21 Out of the 26 Countries of African Meningitis Belt Between 2010 and 2017

Table 2 shows that there was a relationship between the incidence of *Neisseria meningitidis* serogroup A and the MenAfriVac® immunization in 21 out of the 26 countries of African meningitis belt between 2010 and 2017 ($\chi^2(1) = 11039.49$, $p = 0.000$).

Table 2. Chi-Square Tests for MenAfriVac® Introduction and *N. Meningitidis* A.

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig.(1-sided)
Pearson Chi-Square	11039.4940	1	.000		
Continuity Correction ^b	11036.477	1	.000		
Likelihood Ratio	13096.370	1	.000		
Fisher's Exact Tests				.000	.000
N of Valid Cases	25596				

a. 0 cells (0.0%) have expected count less than 5. The minimum expected count is 2501.37. b. Computed only for a 2x2 table

The table 3 shows that the relationship is high between the incidence of *Neisseria meningitidis* serogroup A and the MenAfriVac® immunization in 21 out of the 26 countries of African meningitis belt between 2010 and 2017 ($\Phi = 0.657$,

$P=0.000$). Table 4 shows 99% decline of risk to report *N. meningitidis* A after the introduction of MenAfriVac® (RR 0.01, 95% CI 0.08-0.013).

Table 3. Symmetry Measures for MenAfriVac® Introduction and *N. Meningitidis* A.

		Value	Approx. Sig
Nominal by Nominal	Phi	.657	.000
	Cramer's V	.657	.000
	Contingency Coefficient	.549	.000
N of Valid Cases		25596	25596

The table 4 shows 99% decline of risk to report *N. meningitidis* A after the introduction of MenAfriVac® (RR 0.01, 95% CI 0.08-0.013).

Table 4. Risk Estimate for MenAfriVac® Introduction and *N. Meningitidis* A.

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Factor (After MenAfriVac® introduction / Before MenAfriVac® introduction)	233.625	188.598	289.401
For cohort <i>N. meningitidis</i> A = No	2.406	2.353	2.460
For cohort <i>N. meningitidis</i> A = Yes	.010	.008	.013
N of Valid Cases	25596		

3.3. Relationship Between the Occurrence of *Neisseria Meningitidis* Serogroup a Epidemics and the MenAfriVac® Immunization in 21 Out of the 26 Countries of African Meningitis Belt Between 2010 and 2017

The table 5 shows that there was a difference in the frequency of meningitis epidemics caused by *Neisseria meningitidis* A before and after the MenAfriVac® introduction in 21 out of the 26 countries of African meningitis belt ($\chi^2(1) = 595.351$, $p = 0.000$).

Table 5. Chi-Square Tests for MenAfriVac® Introduction and District in *N. Meningitis A* Epidemics.

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig.(1-sided)
Pearson Chi-Square	595.351a	1	.000		
Continuity Correctionb	593.019	1	.000		
Likelihood Ratio	776.149	1	.000		
Fisher's Exact Tests				.000	.000
N of Valid Cases	3426				

a. 0 cells (0.0%) have expected count less than 5. The minimum expected count is 257.50. b. Computed only for a 2x2 table

The table 6 shows 99.6% decline of risk for a health district to be in epidemic due to *N. meningitidis* A after the introduction of MenAfriVac® (RR 0.004, 95% CI 0.001-0.016).

Table 6. Risk Estimate for MenAfriVac® Introduction and District in *N. Meningitis A* Epidemics.

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Factor (After MenAfriVac® introduction / Before MenAfriVac® introduction)	364.709	90.789	1465.084
For cohort district in <i>N. meningitis A</i> Epidemics = No	1.425	1.381	1.469
For cohort district in <i>N. meningitis A</i> Epidemics = Yes	004	001	016
N of Valid Cases	3426		

4. Discussion

4.1. The Relationship Between the *N. Meningitidis* a Reported and the MenAfriVac® Immunization in 21 Out of the 26 Countries of the African Meningitis Belt

This study found a high degree of relationship between *N. meningitidis* A reported and the MenAfriVac® immunization between 2010 and 2017 in 21 out of the 26 countries of the African meningitis belt, ($\chi^2(1) = 11039.49$, $p = 0.000$, $\Phi = 0.657$, $P=0.000$). The study also found 99% decline in the risk of *N. meningitidis* A after the introduction of MenAfriVac® (RR 0.01, 95% CI 0.08-0.013). These results globally confirmed the findings of the literature. The findings showed the relationship between the reduction of *N. meningitidis* A reported and the MenAfriVac® immunization in African meningitis belt countries [1, 12- 25, 37]. The findings in the literature did not assess the strength of the relationship between *N. meningitidis* A reported and the MenAfriVac® immunization in African meningitis belt. The extended finding of this study was the high degree of relationship between the reduction of *N. meningitidis* A reported and the MenAfriVac® immunization in 21 out of the 26 countries of African meningitis belt ($\Phi = 0.657$, $P=0.000$). Trotter et al. and Stuart also found over 99% decline of *N. meningitidis* A in MenAfriVac® vaccinated countries [15, 25]. As with this study, some authors found that after the introduction of MenAfriVac®, there was predominance of other meningitis pathogens (*N. meningitidis* W135, *N. meningitidis* C, *N. meningitidis* X, and

Streptococcus pneumoniae) with the near disappearance of *N. meningitidis* A in African meningitis belt countries [12, 15, 19, 21].

4.2. *N. meningitidis* A Epidemics Reported by Health Districts Before and After MenAfriVac® Introduction

The study found 99.6% decline of risk for a health district to be in epidemic due to *N. meningitidis* A after the introduction of MenAfriVac®, (RR 0.004, 95% CI 0.001-0.016). This result confirmed findings of the literature characterized by a disappearance of *N. meningitidis* A epidemics in MenAfriVac® vaccinated health districts [1, 6, 12, 13, 15, 19, 20, 23- 27, 37]. However, the risk for a health district to report *N. meningitidis* A epidemic after the introduction of MenAfriVac® was not found in the literature. Trotter et al. observed a 59% decline globally in risk of a health district reaching meningitis epidemic threshold [15]. Stuart found that the number of all meningitis epidemics at health district level has fallen by 60% following MenAfriVac® vaccination; meningitis is caused by other meningococcal serogroups than A [25].

The results of the study confirmed those found in the literature. MenAfriVac® immunization campaigns implemented in 21 out of 26 African meningitis belt countries to protect individuals and communities have achieved one of the main objectives of the meningitis control program, to eliminate meningitis epidemics caused by *N. meningitidis* A. The results of this study show near elimination of *N. meningitidis* A epidemic with a 99.6% decline of risk for a health district to report *N. meningitidis* A epidemic. MenAfriVac® unvaccinated individuals and

communities living in high-risk areas of *N. meningitidis* A epidemic are vulnerable. Therefore, prevention using MenAfriVac® immunization was relevant to provide individual protection and herd immunity against *N. meningitidis* A.

4.3. Limitations of the Study

For a few countries, there were missing data. Fortunately, the missing data from countries were not significant at slightly under 2.5%. The generalizability of this study is feasible due to the large sample size from the 21 countries chosen for this study out of 26 countries of the African meningitis belt.

5. Conclusions

In summary, the results of the study confirmed the finding of the literature. The study showed the effectiveness of introduction of MenAfriVac® in African meningitis belt. The key findings of the study indicated high degree of relationship between *N. meningitidis* A reported and the MenAfriVac® immunization in 21 out of the 26 countries of African meningitis belt between 2010 and 2017. The cases and epidemics of *N. meningitidis* A in African meningitis belt countries that vaccinated have declined significantly following the extensive roll-out of MenAfriVac®. The findings showed that *N. meningitidis* A is being eliminated. The bacterial profile changed with the predominance of *N. meningitidis* (C, W135, X, Y) and *S. pneumoniae* that have continued to cause epidemics.

The vaccination coverage obtained during campaigns were high and contributed to reducing *N. meningitidis* A cases and epidemics. This study showed that the achievement of high MenAfriVac® immunization coverage reduced *N. meningitidis* A cases and epidemics. The study demonstrated that high MenAfriVac® coverage and enhanced surveillance are pivotal to reduce the meningitis burden. Results will be used to inform policy and public health practice to reduce the meningitis cases and improve quality of live in the community.

Based on the existent gaps in the literature, relevant findings statistically significant provided by this study, few recommendations on practice and future studies were developed. Concerning research, to development and manufacture an affordable multivalent polysaccharide conjugate vaccine against *N. meningitidis* (A, C, W135, X, Y) and introduce it in meningitis belt countries to eliminate meningococcal meningitis in Africa. About the practice, to update the risk assessment of the meningitis status of Africa meningitis belt after the introduction of MenAfriVac®, to continue improving meningitis enhanced surveillance in order to have accurate data and information on meningitis, and to improve public health policies on immunization and meningitis enhanced surveillance to ensure sustainable high immunization coverage of meningococcal vaccines and high quality of meningitis epidemic detection.

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